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Acetazolamide modulates intracranial pressure directly by its action on the cerebrospinal fluid secretion apparatus

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Abstract

Background: Elevated intracranial pressure (ICP) is observed in many neurological pathologies, e.g. hydrocephalus and stroke. This condition is routinely relieved with neurosurgical approaches, since effective and targeted pharmacological tools are still lacking. The carbonic anhydrase inhibitor, acetazolamide (AZE), may be employed to treat elevated ICP. However, its effectiveness is questioned, its location of action unresolved, and its tolerability low. Here, we determined the efficacy and mode of action of AZE in the rat.

Methods: We employed in vivo approaches including ICP and cerebrospinal fluid secretion measurements in anaesthetized rats and telemetric monitoring of ICP and blood pressure in awake rats in combination with ex vivo choroidal radioisotope flux assays and transcriptomic analysis.

Results: AZE effectively reduced the ICP, irrespective of the mode of drug administration and level of anaesthesia. The effect appeared to occur via a direct action on the choroid plexus and an associated decrease in cerebrospinal fluid secretion, and not indirectly via the systemic action of AZE on renal and vascular processes. Upon a single administration, the reduced ICP endured for approximately 10 h post-AZE delivery with no long-term changes of brain water content or choroidal transporter expression. However, a persistent reduction of ICP was secured with repeated AZE administrations throughout the day.

Conclusions: AZE lowers ICP directly via its ability to reduce the choroid plexus CSF secretion, irrespective of mode of drug administration.

Keywords: CSF secretion, ICP, Hydrocephalus, IIH, Choroid plexus, HCO₃⁻ transporters

Introduction

Elevated intracranial pressure (ICP) is observed in various brain pathologies. It causes spatial compression of the brain tissue and reduced cerebral perfusion, and if left untreated, leads to cerebral ischaemia and may be fatal [1]. Treatment of elevated ICP relies heavily on

surgical interventions, most commonly ventriculoperitoneal shunting in hydrocephalic patients, and craniectomy in severe cases of brain edema [2]. Only a few pharmacological options are available for relief of elevated ICP, the most widely used being Diamox[®], with the active ingredient acetazolamide (AZE) [3]. AZE is an inhibitor of the carbonic anhydrases, the 15 isoforms of which are widely expressed in different cell types and tissues throughout the mammalian body [4]. These enzymes catalyse the reversible conversion of CO₂ to H₂CO₃, which is followed by its dissociation to hydrogen ion (H⁺) and bicarbonate

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(HCO_3^-). AZE was launched in the early 1950s as a diuretic agent [5], and later employed for treatment of elevated ICP [6, 7]. Although AZE has been shown to reduce the ICP in humans [7], its effectiveness in treating diseases of elevated ICP are questioned [8, 9]. Due to its wide expression, AZE treatment associates with a range of systemic side effects, e.g. paraesthesia, dysgeusia, polyuria and fatigue [10]. The uncertainty regarding AZE treatment efficiency, combined with poor patient compliance, has raised questions regarding its usability in the clinic [11]. Notwithstanding, due to lack of alternatives, AZE remains a first-line treatment for certain ICP pathologies, e.g. idiopathic intracranial hypertension [12], irrespective of the unresolved mode of action by which the drug confers relief of elevated ICP. Studies on experimental rats have shown effective reduction of ICP upon AZE administration [13, 14], which, however, was less apparent with physiologically relevant doses and equiosmolar test solutions [15].

In contrast to its unclear effects on ICP, there is solid (pre)clinical data supporting AZE's efficacy in lowering cerebrospinal fluid (CSF) secretion in humans [16, 17] as well as in different experimental animal models, i.e. sheep [18], dogs [19], rabbits [20–24], cats [25–28] and rats [29–31] (for review, see [32]). The majority of the CSF is secreted by the choroid plexus [33], which is an epithelial monolayer with a polarised expression of various ion transporters and channels [34, 35]. Amongst these choroidal membrane transport mechanisms are several HCO_3^- transporters, i.e. the sodium-driven chloride bicarbonate exchanger (NBCn2/NCBE) [36] and the anion exchanger 2 (AE2) [37] residing in the basolateral membrane, and the sodium bicarbonate cotransporter 2 (NBCe2) expressed in the luminal membrane [38, 39], all of which may be implicated in CSF secretion [40, 41]. The activity of these transporters is determined by the availability of their substrate (HCO_3^-). Inhibition of the choroidal carbonic anhydrases [42–46], and the ensuing reduction in $[\text{HCO}_3^-]_i$ in the choroid plexus tissue, may therefore directly affect the transport rate and the associated CSF secretion. However, the rate of CSF secretion could also be modulated as a secondary effect of carbonic anhydrase inhibition elsewhere in the body. An example of such AZE-mediated modulation of physiological parameters occurs in the kidney, where carbonic anhydrase-mediated HCO_3^- conversion is required for the reabsorption of HCO_3^- [47]. Inhibition of renal carbonic anhydrase might thus indirectly reduce the activity of the HCO_3^- transporters in choroid plexus by simply reducing blood HCO_3^- , thereby limiting access to their transported substrate. In addition, the AZE-mediated reduction in renal HCO_3^- reabsorption causes diuresis that, in turn, reduces the mean arterial blood pressure

(MAP) [48, 49]. Alteration in MAP is proposed to indirectly affect CSF secretion [50], and could thus lower the ICP in this manner. Furthermore, carbonic anhydrases in erythrocytes and the surrounding capillary endothelium support efficient CO_2 exchange between the tissue-blood-alveoli [51]. Inhibition of such vascular carbonic anhydrases causes systemic elevation of the partial carbon dioxide pressure (pCO_2) [52, 53] and ensuing hypoventilation, which may indirectly decrease the ICP [54]. Uncontrolled breathing of anaesthetized animals that are not mechanically ventilated during the experimental procedure may thereby represent a confounding element to the former preclinical studies evaluating AZE-mediated effects on CSF secretion or ICP [55].

AZE is thus potentially a clinically useful pharmacological agent employed to reduce ICP in neurological conditions. However, it is unclear if the well-established AZE-mediated reduction in CSF secretion does in fact lead to an associated reduction in ICP. Another key question is whether the reduced CSF secretion arises from AZE's direct effect on choroidal carbonic anhydrases or occurs secondarily to AZE's modulatory effect on other physiological processes such as blood pressure, kidney function, and/or blood gas content. Here, we demonstrate by complementary *ex vivo* and *in vivo* experimental approaches, conducted on both anesthetized and awake rats, that AZE lowers the ICP in healthy rats by its *direct action* on the choroidal carbonic anhydrases and subsequent reduction in CSF secretion. This new insight may guide future pharmacological treatment of elevated ICP targeted specifically to the choroid plexus.

Methods

Animals

Experiments were conducted in 9–10 week old male Sprague Dawley rats, housed in a temperature-controlled room with a 12 h:12 h light-dark cycle (6 am to 6 pm), and with free access to a standard rodent pellet diet and tap water. Animals were randomly allocated to each treatment group. All animal experimental work was performed and reported in compliance with the ARRIVE guidelines [56], conformed to the legislations for animal protection and care in the European Community Council Directive (2010/63/EU), and approved by the Danish Animal Experiments Inspectorate (License no. 2016-15-0201-00944 and 2018-15-0201-01595) or the Animal Welfare Office at the Animal Care and Use Facility of the Heinrich Heine University Düsseldorf (institutional act no. O52/05).

AZE and control solution formulation

For *i.v.* administration, AZE (A6011, Sigma-Aldrich) was dissolved in 5N NaOH to a 700 mg ml^{-1} stock solution,

which was diluted in 0.9% NaCl to a working concentration of 20 mg ml^{-1} , pH 8.4. The control solution (vehicle) was an equiosmolar 1.4% NaCl solution, pH 8.4. The solutions (5 ml kg^{-1} animal) were injected into either the femoral or the tail vein, resulting in a dose of $100 \text{ mg AZE kg}^{-1}$ animal (equivalent to single human clinical dose [15]). For the intracerebroventricular (i.c.v.) delivery, AZE was dissolved in DMSO (1–2.5 M), and further diluted in either HCO_3^- -containing artificial CSF (aCSF; (in mM) 120 NaCl, 2.5 KCl, 2.5 CaCl_2 , 1.3 MgSO_4 , 1 NaH_2PO_4 , 10 glucose, 25 NaHCO_3 , pH adjusted with 95% $\text{O}_2/5\%$ CO_2) or in HEPES-buffered artificial CSF (HEPES-aCSF; (in mM) 120 NaCl, 2.5 KCl, 2.5 CaCl_2 , 1.3 MgSO_4 , 1 NaH_2PO_4 , 10 glucose, 17 Na-HEPES (4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid), pH 7.4), when the solution could not be equilibrated with 95% $\text{O}_2/5\%$ CO_2 (ex vivo) radioisotope flux and ICP recording in anesthetized rats). Depending on the experimental paradigm (see below), the final working solutions were formulated to expose the choroid plexus tissue with a $200 \mu\text{M}$ to $< 1 \text{ mM}$ (see below) AZE concentration, which should block carbonic anhydrases by 99.99% [57]. Vehicle consisted of matching DMSO concentration (maximum 0.1%) with addition of mannitol when required to obtain equiosmolar solutions. For chronic oral (p.o.) administration, a suspension of AZE (in 0.9% NaCl, 50 mg ml^{-1}) was delivered to the experimental rats in quantities (0.9–1.0 ml) to result in 100 mg kg^{-1} animal AZE once daily for 7 days (at 10 am) or 3 times per day (at 7 am, 2 pm and 9 pm) for 5 days by oral gavage. Control animals received saline via oral gavage.

Anesthesia and physiological parameter monitoring

All non-survival surgeries were performed in rats anaesthetized with xylazine and ketamine (ScanVet, 10 mg kg^{-1} animal xylazine, 5 min later 100 mg kg^{-1} animal ketamine, half dose of ketamine was re-dosed every 10–40 min upon detection of foot reflex). Body temperature was maintained at 37°C by a homeothermic monitoring system (Harvard Apparatus). In experiments lasting for more than 30 min, rats were tracheostomized and mechanically ventilated with the VentElite system (Harvard Apparatus), inhaling 0.91 min^{-1} humidified air mixed with 0.11 min^{-1} O_2 . The ventilation was adjusted according to exhaled end tidal CO_2 (etCO_2), measured with a capnograph (Type 340, Harvard Apparatus), to result in $5.0 \pm 0.5 \text{ kPa}$ blood pCO_2 before administration of control or drug solutions. In the hyperventilation experiments, the ventilation used during the baseline period was increased by 50% (both respiratory rate and the tidal volume), and then maintained at these levels throughout the 2 h experiment. The MAP was monitored through a heparinized

saline-filled ($15 \text{ IU heparin ml}^{-1}$ in 0.9% NaCl) catheter inserted into the femoral artery, connected to a pressure transducer APT300, and transducer amplifier module TAM-A (Hugo Sachs Elektronik). The blood pressure signal was recorded at a 1 kHz sampling rate using BDAS Basic Data Acquisition Software (Hugo Sachs Elektronik). This catheter also served for blood sample collection required for blood gas determination with an ABL80 (Radiometer). All survival surgeries were performed under aseptic conditions on rats anesthetized with isoflurane (Attane vet, 1000 mg g^{-1} isoflurane, ScanVet), using 5% isoflurane (mixed with 1.81 min^{-1} air/ 0.21 min^{-1} O_2) in the anesthesia induction chamber, and 1–2.5% isoflurane to maintain anesthesia through a face mask throughout the surgery. The body temperature was maintained at 37°C by a homeothermic monitoring system (Harvard Apparatus).

ICP recordings in anesthetized rats

Anesthetized and ventilated rats, placed in a stereotactic frame, had the skull exposed, and a 3.6 mm diameter cranial window drilled with care not to damage the dura. The epidural probe (PlasticsOne, C313G) was secured with dental resin cement (Panavia SA Cement, Kuraray Noritake Dental Inc.) and the ICP cannula was filled with HEPES-aCSF before connection to a pressure transducer APT300 and transducer amplifier module TAM-A (Hugo Sachs Elektronik). To ensure the presence of a continuous fluid column between the dura and the epidural probe, approximately $5 \mu\text{l}$ HEPES-aCSF was injected through the epidural probe. The ICP signal was recorded at a 1 kHz sampling rate using BDAS Basic Data Acquisition Software (Hugo Sachs Elektronik). Jugular compression was applied to confirm proper ICP recording. In the ICP recording during i.c.v. delivery of test solutions, a 0.5 mm burr hole was drilled contralateral to the ICP probe (1.3 mm posterior, 1.8 mm lateral to bregma), and a 4 mm brain infusion cannula (Brain infusion kit2, Alzet) placed into the lateral ventricle. Upon stabilization of the ICP signal, 37°C aCSF + 0.9% DMSO was infused ($0.5 \mu\text{l min}^{-1}$) with a peristaltic pump for 25 min prior to solution shift to either control solution (aCSF + mannitol + 0.9% DMSO) or AZE (aCSF + 18 mM AZE in 0.9% DMSO; expected ventricular concentration $\leq 1 \text{ mM}$ (with dilution in the $150 \mu\text{l}$ ventricular compartment, in addition to that created by the continuous CSF secretion at a rate of approximately $7 \mu\text{l min}^{-1}$ [58] and the ensuing washing away of AZE from the choroid plexus epithelial surface). This dosage is equivalent to an accumulated dose of $0.24 \text{ mg animal}^{-1}$ over the experimental timeline of 120 min. In the ICP experiments with i.v. delivery of

test solutions, these were injected into the femoral vein through a heparinized saline-filled (15 U heparin ml⁻¹ in 0.9% NaCl) catheter (100 mg kg⁻¹ animal).

Nephrectomy

In anesthetized rats, two dorsal incisions lateral to the spinal cord were made, the muscle layer separated by blunt dissection, and both kidneys exposed. The renal arteries and veins were located and ligated with 4–0 non-absorbable suture. The incision sites were closed with metal wound clamps (Michel, 11 × 2 mm) after the ligation.

LI-COR live imaging

Anesthetized rats in a stereotaxic frame had their cranium and upper neck muscles exposed, and a burr hole drilled (same coordinates as i.c.v. cannula placement in ICP recordings) into which a Hamilton syringe (RN 0.40, G27, a20, Agnho's) was inserted 4 mm into the lateral ventricle. The experiment was initiated with intraventricular injection (1.5 μl s⁻¹) of 15 μl aCSF containing either vehicle (0.1% DMSO) or AZE (2 mM; expected ventricular concentration of 200 μM due to dilution in ~150 μl native CSF). The procedure was repeated after 5 min, but with inclusion of carboxylate dye (10 μM; IRDye 800CW, P/N 929–08972, LI-COR Biosciences). In experiments with i.v. delivery of AZE (100 mg kg⁻¹ animal), the drug was injected into the tail vein through a catheter (24 G Neoflon, VWR) 25 min prior to carboxylate dye injection. Image acquisition was initiated 1 min after carboxylate injection and continued for 5 min with 30 s intervals using a Pearl Trilogy Small Animal Imaging System (LI-COR) (800 nm channel, 85 μm resolution). The anesthetized rats were secured during imaging in a custom-made tooth holder to stabilize their head position. The fluorescence signal was determined in a region of interest (ROI) placed at skull landmark lambda as a function of time, and quantified relative to the initial fluorescence intensity obtained at 0.5 s in a blinded manner. A white field image of the rat head was captured at the end of imaging prior to visualizing the lateral ventricles of the isolated brain hemispheres to verify bilateral carboxylate staining. Data analyses were performed in Image Studio 5.2 (LI-COR Biosciences – GmbH, Nebraska, US).

Radioisotope flux assays

Isolated rat brains were kept in cold HEPES-aCSF (4°C, pH 7.35) for 10 min prior to isolation of the lateral choroid plexuses [59]. The isolated lateral choroid plexuses were subsequently placed in HEPES-aCSF (pH 7.56, 37°C) for 10 min prior to initiation of the experiment. ⁸⁶Rb⁺ influx: The experiments were initiated by placing the choroid plexus in HEPES-aCSF containing 1 μCi ml⁻¹

⁸⁶Rb⁺ (022-105721-00321-0001, POLATOM, as a tracer for K⁺ transport) and 4 μCi ml⁻¹ ³H-mannitol (as an extracellular marker, PerkinElmer) at 37°C for 2 min either in the presence of 2 mM ouabain (O3125, Sigma), 200 μM AZE, or in the appropriate vehicle (randomly assigned), after which the choroid plexus was swiftly rinsed in cold isotope-free HEPES-aCSF (4°C) and transferred to a scintillation vial. ⁸⁶Rb⁺ efflux: The experiments were initiated by placing the choroid plexus in HEPES-aCSF containing 1 μCi ml⁻¹ ⁸⁶Rb⁺ (022-105721-00321-0001, POLATOM, as a tracer for K⁺ transport) and 4 μCi ml⁻¹ ³H-mannitol (as an extracellular marker, PerkinElmer) at 37°C for 10 min to allow isotope accumulation in the tissue. The choroid plexus was briefly washed (15 s) in 37°C HEPES-aCSF prior to transfer (at 20 s intervals) to different HEPES-aCSF solutions (37°C) containing either 200 μM AZE, 20 μM bumetanide (B3023, Sigma), or appropriate vehicle for a total of 60 s. The efflux medium from each of the solutions was transferred into separate scintillation vials, as was the choroid plexus. For both influx and efflux assays, the choroid plexus was dissolved in 100 μl Solvable (6NE9100, Perkin Elmer). 500 μl of Ultima Gold™ XR scintillation liquid (6,012,119, PerkinElmer) was added to all scintillation vials and the radioactive content quantified in a Tri-Carb 2900TR Liquid Scintillation Analyzer (Packard). The ⁸⁶Rb⁺ counts were corrected for ³H mannitol counts (extracellular background), and the natural logarithm of the choroid plexus content A_t/A₀ was plotted against time [60] to obtain the ⁸⁶Rb⁺ efflux rate (s⁻¹) by linear regression analysis.

Intracellular Na⁺ measurement

Isolated lateral choroid plexuses were transferred into a recording chamber and perfused with HCO₃⁻-aCSF at room temperature (22 ± 1°C) for about 20 min. Subsequently, the Na⁺-sensitive fluorescent dye SBFI-AM (sodium-binding benzofuran isophthalate acetoxymethyl ester, 2021E, ION Biosciences, dissolved in 20% Pluronic, F127) was pressure-injected into several regions of the choroid plexus, using a fine-tipped glass micropipette coupled to a pressure application system (PDES nxh, npi electronic, Tamm, Germany). The tissue was subsequently perfused with HCO₃⁻-aCSF (~45 min) to wash out excess dye and allow for de-esterification. Wide-field Na⁺ imaging was obtained with a variable scan digital imaging system (Nikon NIS-Elements v4.3, Nikon GmbH) coupled to an upright microscope (Nikon Eclipse FN-PT, Nikon GmbH). The microscope was equipped with a ×40/N.A. 0.8 LUMPlanFI water immersion objective (Olympus Deutschland GmbH) and an orca FLASH V2 camera (Hamamatsu Photonics Deutschland GmbH). SBFI was alternately excited at 340 and 380 nm, and emission collected >440 nm with

a sampling rate of 0.5 Hz. Fluorescence emission was recorded from defined regions of interest (ROI) representing single cells, for 2 min in HCO_3^- -aCSF under baseline conditions, followed by perfusion with HCO_3^- -aCSF containing 200 μM AZE or 0.02% DMSO (control) and imaging for another 30 min. SBF signals were analyzed with OriginPro Software (OriginLab Corporation v.9.0). Background-correction was carried out for each ROI to obtain the fluorescence ratio (F340/F380). Linear regression analyses were performed on control and drug periods in a blinded fashion.

RNAseq

Choroid plexus (lateral and 4th) were isolated from 5 AZE-treated and 5 control rats, pooled respectively, and stored in RNeasy[®] at -80°C . The RNA extraction and library preparation were performed by Novogene Company Limited, UK with NEB Next[®] Ultra[™] RNA Library Prep Kit (NEB, USA) prior to their RNA sequencing (paired-end 150 bp, with 12 Gb output) on an Illumina NovaSeq 6000 (Illumina, USA). Program parameter settings for library build, mapping, and quantification, together with scripts for the gene annotation and analysis can be found at <https://github.com/Sorennorge/MacAulayLab-RNAseq2-Acetazolamide>. The 150 base paired-end reads were mapped to Reference genome Rnor_6.0 (Rattus_norvegicus v.103), only including protein coding genes (biotype), using Spliced Transcripts Alignment to a Reference (STAR) RNA-seq aligner (v 2.7.2a) [61]. The mapped alignment generated by STAR was normalized to transcripts per million (TPM) [62] with RSEM (v. 1.3.3). The RNA sequencing data for human choroid plexus was obtained from Rodríguez-Lorenzo et al. (Geo: GSE137619, SRR10134643-SRR10134648) [63], and the RNA sequencing data for mouse choroid plexus was obtained from Lun et al. (Geo: GSE66312, SRR1819706-SRR18197014) [64]. All human and mouse samples were quality checked with fastqc [65], and then trimmed with Trimmomatic [66] (Slidingwindow:4:20, and minimum length of 35 bp). The human and mouse samples were mapped to reference human genome (Homo sapiens GRCh38.104) and mouse reference genome (Mus musculus GRCm39.104), both only including protein coding genes (biotype), with STAR (v 2.7.2a). The mapped alignment was quantified as TPM using RSEM (v. 1.3.3) and the mean from the human and the mouse samples were used for further analysis.

Ventricular-cisternal perfusion

Rats were anesthetized, ventilated, and an infusion cannula (Brain infusion kit 2, Alzet) was stereotaxically placed in the right lateral ventricle (as described for ICP measurements), through which a pre-heated (37°C ,

SF-28, Warner Instruments) HCO_3^- -aCSF containing 1 mg ml^{-1} TRITC-dextran (tetramethylrhodamine isothiocyanate-dextran, MW = 150,000; T1287, Sigma) was infused at $9 \mu\text{l min}^{-1}$. CSF was sampled from cisterna magna at 5 min intervals with a glass capillary (30–0067, Harvard Apparatus pulled by a Brown Micropipette puller, Model P-97, Sutter Instruments) placed at a 5° angle (7.5 mm distal to the occipital bone and 1.5 mm lateral to the muscle-midline). The fluorescent content of CSF outflow was measured in triplicate on a microplate photometer (545 nm, Synergy[™] Neo2 Multi-mode Microplate Reader; BioTek Instruments), and the CSF secretion rate was calculated from the equation:

$$V_p = r_i * \frac{C_i - C_o}{C_o}$$

where V_p = CSF secretion rate ($\mu\text{l min}^{-1}$), r_i = infusion rate ($\mu\text{l min}^{-1}$), C_i = fluorescence of inflow solution, C_o = fluorescence of outflow solution. The ventricles were perfused for 80 min, and the production rate over the last 20 min was used to calculate the average CSF secretion rate for the animal in a blinded manner.

Brain water content

Brains, including cerebellum and olfactory glands, were swiftly isolated from anesthetized and decapitated rats, and remaining brain stem removed. Brains were placed in a pre-weighed porcelain evaporation beaker (olfactory bulbs and medulla oblongata discarded), and immediately weighed. The brain was homogenized in the beaker with a steel pestle prior to oven-drying at 100°C for 3 days and subsequent determination of dry brain weights. Brain water contents were calculated from evaporated water, and expressed in ml water per g dry brain weight in a blinded manner.

ICP and MAP monitoring in awake rats

KAHA Sciences rat dual pressure telemetric system was implemented for monitoring ICP and MAP in non-anesthetized, awake rats. The implantation was performed as described in [67]. Briefly, animals were given 5 mg kg^{-1} Caprofen (Norodyl Vet, Norbrook), 0.05 mg kg^{-1} buprenorphine (Tamgesic, Indivior), and $200 \text{ mg} + 40 \text{ mg kg}^{-1}$ sulfadiazin and trimethoprim (Borgal Vet, Ceva) s.c. prior to the surgery and 2 days post-surgery. The incision areas were shaved and sterilized with 0.5% chlorhexidine (Medic). An abdominal midline incision was made, the abdominal aorta isolated, and the first pressure probe was inserted into the aorta using a bent 23G needle. It was secured with tissue adhesive (Histoacryl, Enbucrilate; B. Braun) and surgical mesh (PETKM2002, SurgicalMesh; Textile Development

Associates). The body of the telemetric device was secured to the abdominal wall, and 4–0 absorbable Vicryl suture (Ethicon) was used to close the abdominal muscles. The protruding second pressure probe was tunneled to the base of the skull using a 6 mm diameter stainless steel straw (Ecostrawz). The animal was placed into the stereotactic frame (Harvard apparatus), and the skull was exposed. Using 1.2 mm burr bits, two holes were drilled on the contralateral sides of the skull posterior to bregma. Stainless steel screws (00-96 × 3/32, Bilaney Consultants GmbH) were inserted into these holes, and served as anchors for stabilizing the system. The second pressure probe was placed epidurally in a third 1.4 mm drill hole placed between the two screws. The hole was subsequently filled with spongostan (Ethicon), and the probe was secured using surgical mesh and tissue adhesive. Dental impression material (Take 1 Advanced, Kerr) was applied over the catheter and the screw, and the skin incision was closed with non-absorbable 4–0 EthilonII suture (Ethicon), which was removed 10 days post-surgery. Animals were placed in their cages on the TR181 Smart Pads (Kaha Sciences), and data acquisition obtained at 1 kHz with PowerLab and LabChart software (v8.0, ADInstruments). Data was extracted from LabChart as 6 min average values and outlying data points identified with GraphPad Prism (GraphPad Software). During the experimental series with 1 × day AZE treatment, day 5 was discarded from the analysis due to the weekly cage change, which caused a visible disturbance in all measured parameters. The 3 × day dosing experiments were performed on same animals that received 1 × day dosing seven days after recovery from the previous treatment.

Statistics

All data are presented as average ± SD. Statistical significance analysis was performed with GraphPad Prism (GraphPad Software), and $P < 0.05$ was considered statistically significant. Data were normally distributed, as determined with Shapiro-Wilk's test. 1way ANOVA with Tukey's multiple comparison post hoc test, 2way ANOVA analysis with Bonferroni's or Tukey's multiple comparisons post-hoc test, paired and unpaired t-tests were used for statistical analyses as indicated in figure legends. Significance is represented as asterisks above the bar graphs and represent $P > 0.05 = \text{ns}$, $P \leq 0.05 = *$, $P \leq 0.01 = **$, $P \leq 0.001 = ***$.

Results

AZE effectively lowers ICP

To determine the modulatory effect of AZE on ICP in anesthetized and ventilated rats, AZE was delivered

systemically as a bolus i.v. injection during simultaneous recording of the ICP. The base ICP of the experimental rats was 4.2 ± 0.8 mmHg, $n = 34$. We observed an abrupt spike in ICP immediately after AZE administration (to $133 \pm 14\%$, $n = 5$) with a subsequent gradual decrease of the ICP to $-48 \pm 10\%$ below the baseline level 2 h after the injection, $n = 5$ (Fig. 1A, B). The control animals (bolus injection of vehicle) did not experience the initial ICP peak ($103 \pm 3\%$, $n = 5$), and the subsequent time-dependent decline in ICP amounted to $-25 \pm 7\%$ below the baseline level, $n = 5$ (Fig. 1A, B), which was significantly less than that of the AZE-treated rats ($P < 0.01$). AZE is recognized for its lowering effect on blood pressure [49], which in turn could affect ICP and/or CSF secretion [50]. We therefore, in parallel with the ICP measurements, performed recordings of the mean arterial pressure (MAP). The initial MAP was 71.7 ± 7.2 mmHg, $n = 34$, amongst all the tested rats. The MAP remained stable for the duration of the experiment in both experimental animal groups ($-5 \pm 5\%$ for AZE treated rats, and $-6 \pm 7\%$ below baseline for control rats, $n = 5$, $P = 0.9$, Fig. 1C, D). AZE thus exerts its effect on the ICP in a manner independent of the MAP.

AZE affects the systemic acid-base balance

As an inhibitor of the carbonic anhydrases, AZE affects the $\text{CO}_2\text{--HCO}_3^-$ conversion in the erythrocytes, and systemic delivery of AZE may therefore affect the blood gases in a manner that could indirectly affect CSF secretion or other physiological processes. We therefore monitored the exhaled etCO_2 of the anesthetized and ventilated experimental rats at a constant rate. In contrast to the control animals ($100 \pm 1\%$, $n = 5$), administration of AZE caused an abrupt decrease in etCO_2 (by $-32 \pm 1\%$, $n = 5$, $P < 0.001$), which remained reduced (to $-9 \pm 3\%$ below the baseline etCO_2) at the termination of the experiment (Fig. 1E). This shift in etCO_2 was reflected in the blood pCO_2 , which remained stable in control animals but increased dramatically in rats treated with AZE (from 5.2 ± 0.4 kPa to 10.1 ± 0.4 kPa 2 h after AZE treatment, $n = 5$, $P < 0.001$, Fig. 1F). Consequently, the blood pH decreased in AZE animals compared to controls (see all blood gas analyses in Additional file 1: Table S1). Taken together, the decreased exhaled etCO_2 , increased blood pCO_2 , and decreased pH indicate a severe respiratory acidosis due to carbonic anhydrase inhibition in the pulmonary endothelium and the circulating erythrocytes. The blood HCO_3^- levels decreased in the AZE treated experimental rat group (from 23.0 ± 0.9 mM to 19.3 ± 0.7 mM, $n = 4$) to a larger extent ($P < 0.05$) than what was observed in the control group (from 23.7 ± 0.8 mM to 21.1 ± 1.3 mM, $n = 5$,

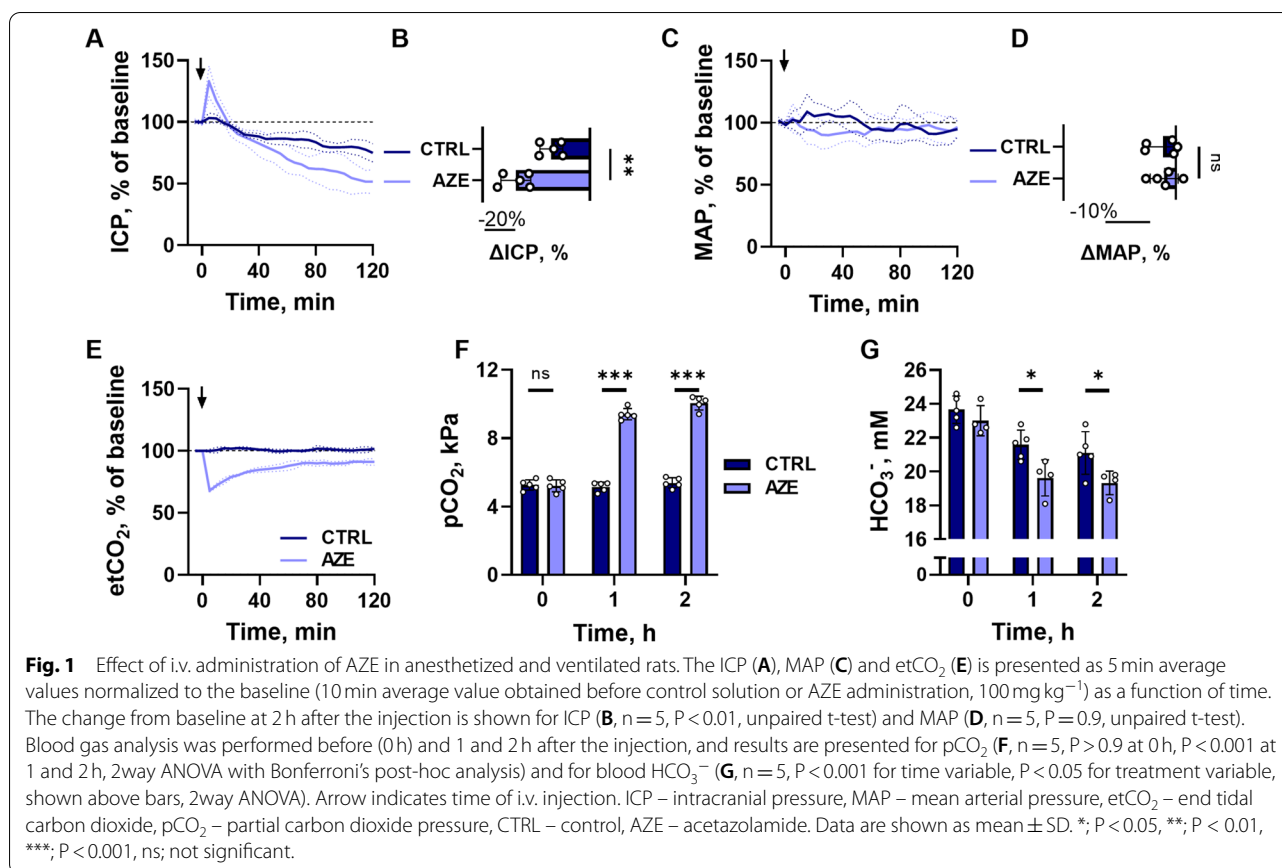


Fig. 1G), suggesting an accompanying metabolic acidosis. Systemic administration of AZE thus causes severe acid-base disturbances, which could indirectly affect ICP and/or CSF secretion.

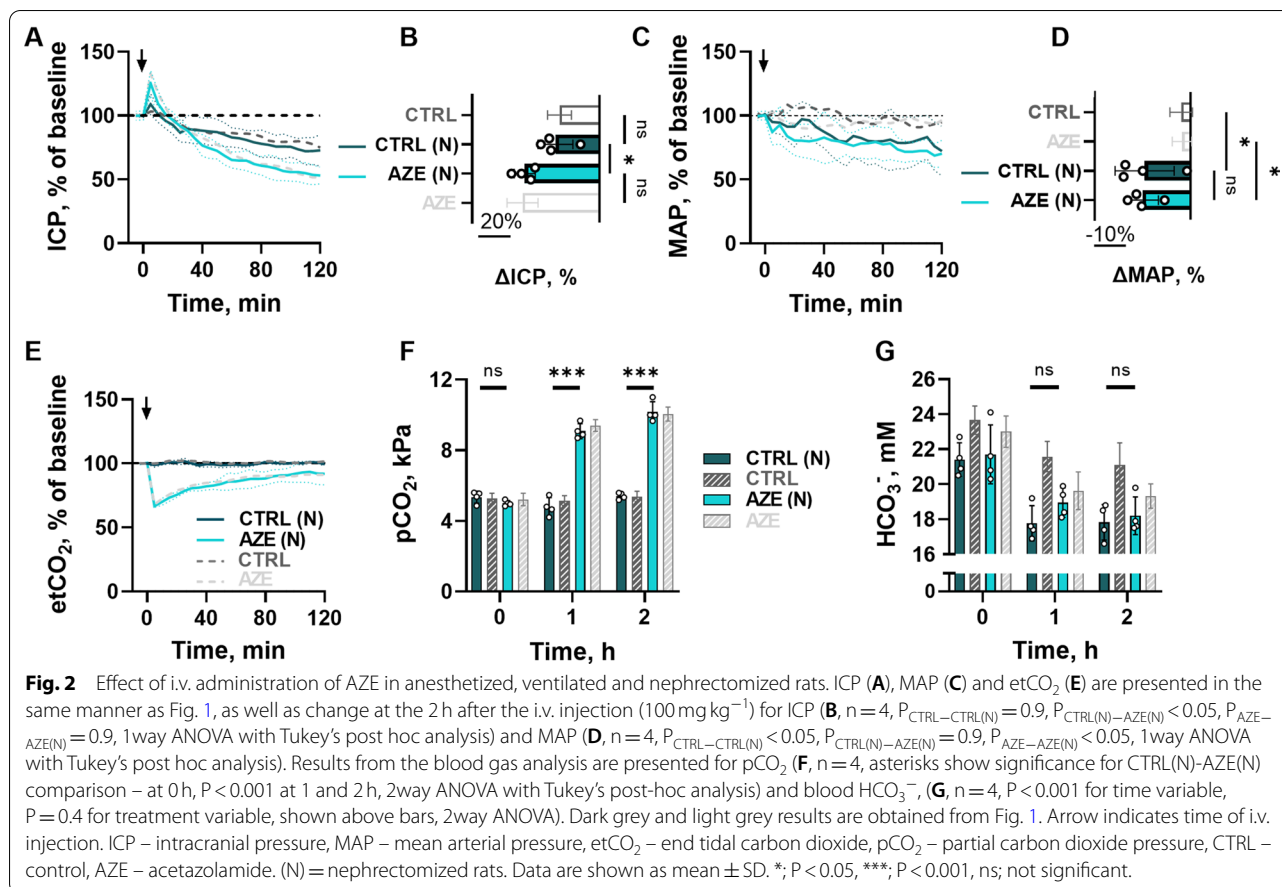
AZE exerts its effect on ICP independently of the systemic water homeostasis

An AZE-induced change in systemic HCO₃⁻ levels is likely to occur via the inhibitory action of AZE on carbonic anhydrases in the kidney proximal tubule epithelium [47]. Such a process will impair HCO₃⁻ reabsorption and induce diuresis [68], which could lead to ICP reduction. To resolve whether AZE indirectly exerts its effect on ICP via its action on the kidney, we determined the effect of AZE administration in nephrectomized rats (Fig. 2A). AZE treatment reduced the ICP of nephrectomized rats (-47 ± 6%, n = 4, Fig. 2B), which is similar to what was observed in non-nephrectomized rats (compare with -48 ± 10%, Fig. 1A). The control treatment caused similar ICP reductions in the rats whether or not the animals had undergone nephrectomy (compare 27 ± 12%, n = 4, Fig. 2B with -25 ± 7%, n = 5 in Fig. 1A). Nephrectomy caused a similar decrease in MAP in all experimental

rats, irrespective of AZE administration (-30 ± 18% in the control group, and 31 ± 11% in the AZE group, n = 4 of each, P = 0.9, Fig. 2C, D). Likewise, AZE-induced changes in etCO₂ and pCO₂ were indistinguishable between nephrectomized and intact animals (Fig. 2E, F, all blood gas analyses available in Additional file 1: Table S2). The baseline HCO₃⁻ levels were reduced in both groups of experimental animals (compare 23.4 ± 0.9 mM in intact animals, n = 9 to 21.6 ± 1.3 mM, n = 8 in nephrectomized animals, P < 0.01), probably due to absent HCO₃⁻ reabsorption by the nephrectomized kidney. The blood HCO₃⁻ levels declined during the course of the experiments (as observed in the intact animals, Fig. 1G), but with no AZE-induced changes in HCO₃⁻ reabsorption in the nephrectomized rats (Fig. 2G). Taken together, the results indicate that the effect of AZE on ICP occurs independently of its inhibitory action on kidney function (including its HCO₃⁻ handling) and thus the systemic water homeostasis.

Hyperventilation does not prevent AZE's ability to lower ICP

To determine whether AZE exerts its effect on ICP in an indirect manner via altered CO₂ dynamics in the blood,

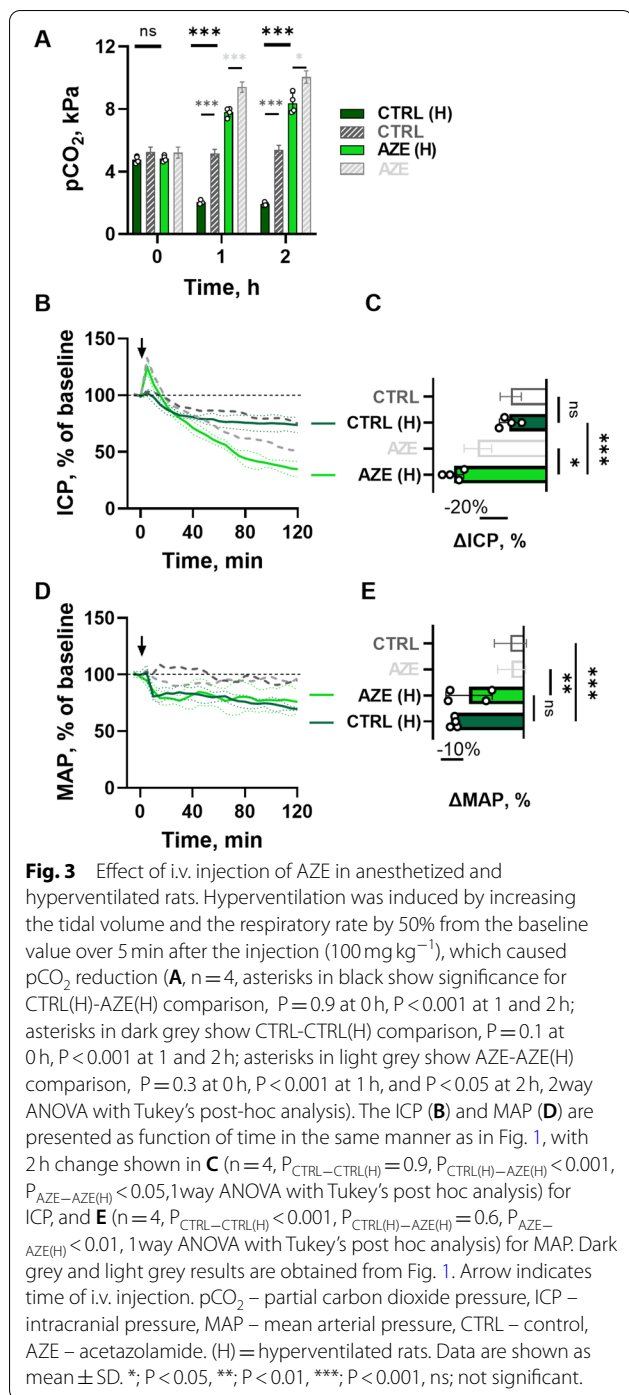


we attempted to prevent the AZE-induced CO₂ retention in the blood by mechanical hyperventilation of the animals during the experimental procedure. Blood gas analysis (Additional file 1: Table S3) revealed that hyperventilation caused a 3.5 kPa reduction in pCO₂ in control animals by the end of experiment (from 5.4 ± 0.3 kPa, n = 5 in intact animals to 1.9 ± 0.1 kPa, n = 4 in hyperventilated animals, P < 0.001), but a 1.6 kPa reduction in AZE-treated animals (from 10.1 ± 0.4 kPa, n = 5 in intact to 8.4 ± 0.7 kPa, n = 4 in hyperventilated animals, P < 0.05, Fig. 3A). Hyperventilation thus did not revert the AZE-induced change in pCO₂ to the level of the control animals (Fig. 3A). Despite the partial prevention of the AZE-induced elevation of blood CO₂ levels by hyperventilation, AZE treatment caused a reduction of ICP (-65 ± 7%, n = 4, Fig. 3B, C) that was augmented compared to that obtained with conventional ventilation (-48 ± 10%, n = 5, Fig. 1A, P < 0.05), yet the same was not observed in the hyperventilated control animals (compare -26 ± 7%, n = 4 in Fig. 3C with 25 ± 7%, n = 5 in Fig. 1A). Hyperventilation reduced the MAP to a similar extent (P = 0.3) in both the control (-30 ± 1%, n = 4) and AZE (-24 ± 10%, n = 4) group (Fig. 3E, F), supporting the

finding from Fig. 1D that AZE treatment did not reduce the MAP. Taken together, AZE-induced increase in blood pCO₂ does not contribute to ICP reduction.

Intraventricular AZE prevents systemic disturbances, but retains its ICP lowering effect

AZE thus facilitates a reduction in ICP independently of its effect on blood pressure, kidney function, and blood gas content. To obtain a scenario in which AZE could be administered without systemic disturbances, we applied AZE intracerebroventricularly (i.c.v.). AZE application directly into the lateral ventricle of anesthetized rats did not disturb the MAP (Fig. 4A, B), the blood pCO₂ (Fig. 4C), the blood HCO₃⁻ concentration (Fig. 4D), or any other blood gas parameter including pH (Additional file 1: Table S4). Nevertheless, AZE delivery in this manner caused an ICP reduction (-51 ± 10%, n = 4), significantly larger than that of the control group (-16 ± 14%, n = 4, P < 0.01, Fig. 4E, F), but similar to that obtained upon i.v. injection of the inhibitor (-48 ± 10%, n = 5, see Fig. 1A). In addition, the initial AZE-mediated ICP peak observed with systemic delivery of AZE (Fig. 1A) was absent with the i.c.v. delivery of the inhibitor (Fig. 4E).



AZE administration directly into the brain thus lowers the ICP equally effectively as with systemic delivery, but independently of the AZE-mediated modulation of systemic parameters that could indirectly affect ICP. AZE therefore appears to serve its modulatory action on the ICP via a pathway residing in the brain tissue.

AZE treatment lowers CSF flow in anesthetized rats

To determine if the AZE-mediated lowering of the ICP occurred by a reduction in the rate of CSF secretion, we assessed this parameter with a swift, minimally invasive approach based on imaging fluorescent dye flow in the ventricles of anesthetized rats [59] (Fig. 5A). The fluorescent dye movement was reduced by 40% upon AZE treatment, whether the inhibitor was delivered i.c.v. (compare $0.16 \pm 0.02 \text{ a.u. min}^{-1}$, $n=4$ with $0.10 \pm 0.03 \text{ a.u. min}^{-1}$, $n=4$, $P<0.05$, Fig. 5B) or i.v. (compare $0.16 \pm 0.05 \text{ a.u. min}^{-1}$, $n=6$ with $0.09 \pm 0.03 \text{ a.u. min}^{-1}$, $n=4$, $P<0.05$, Fig. 5C). AZE thus exerts its effect on the ICP, at least in part, by reducing the CSF secretion rate.

AZE does not affect the transport rate of Na^+/K^+ -ATPase or NKCC1

AZE-dependent inhibition of carbonic anhydrases indirectly inhibits HCO_3^- transporters by reducing the available substrate, and most likely exerts its effect on CSF secretion by affecting some of these transport mechanisms located on both the sides of the CSF secreting choroid plexus epithelium [35]. However, AZE could serve indirect effects on other choroidal transport mechanisms, such as its proposed action on the Na^+/K^+ -ATPase [14]. To determine a putative AZE-mediated reduction in transport rate of other key CSF secreting transporters, we performed *ex vivo* radioactive $^{86}\text{Rb}^+$ efflux and influx assays, which serve as a functional read-out for the activity of NKCC1 and Na^+/K^+ -ATPase, respectively. The NKCC1 activity was determined as the efflux rate of $^{86}\text{Rb}^+$ (serving as a congener for the transported K^+) that is sensitive to the NKCC1 inhibitor bumetanide (Fig. 6A). The $^{86}\text{Rb}^+$ efflux rate constant was diminished by $\sim 50\%$ by inclusion of bumetanide (compare 0.33 ± 0.05 with $0.17 \pm 0.02 \text{ min}^{-1}$, $n=6$ of each, $P<0.001$, Fig. 6A, B). Exposure to AZE did not affect the $^{86}\text{Rb}^+$ efflux rate (compare 0.32 ± 0.04 in control with $0.34 \pm 0.05 \text{ min}^{-1}$ in AZE, $n=6$ of each, $P=0.8$, Fig. 6C, D). Na^+/K^+ -ATPase activity was monitored as the ouabain-sensitive influx of $^{86}\text{Rb}^+$. Application of the selective Na^+/K^+ -ATPase inhibitor ouabain reduced the influx rate by 70% (compare $2772 \pm 1228 \text{ cpm}$ in control with $794 \pm 530 \text{ cpm}$ in ouabain, $n=6$ of each, $P<0.01$, Fig. 6E), whereas AZE did not alter the uptake rate (compare 2141 ± 291 in control with $2168 \pm 883 \text{ cpm}$ in AZE, $n=6$ of each, $P=0.9$, Fig. 6F). These data indicate that the AZE-mediated reduction in the CSF secretion rate does not occur via indirect modulation of the NKCC1 or the Na^+/K^+ -ATPase, but rather via the various HCO_3^- transporters located in the choroid plexus epithelium.

To reveal the choroidal $[\text{Na}^+]_i$ dynamics upon AZE treatment, acutely isolated *ex vivo* choroid plexus tissue

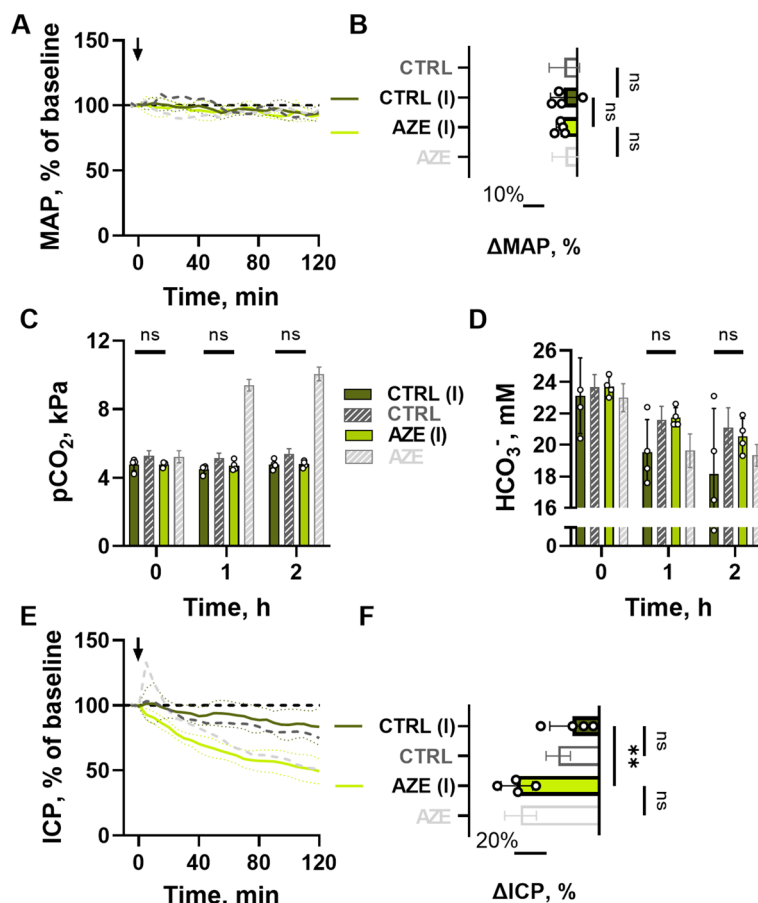


Fig. 4 Effect of i.c.v. infusion of AZE in anesthetized and ventilated rats. MAP (**A**) is presented in the same manner as Fig. 1, with 2 h end MAP shown at **B** ($\Delta\text{MAP}_{\text{CTRL(I)}} = -6 \pm 6\%$, $\Delta\text{MAP}_{\text{AZE(I)}} = -7 \pm 2\%$, $n = 4$, $P > 0.9$, 1way ANOVA with Tukey's post hoc analysis), as well as blood pCO_2 (**C**, $n = 4$, $P > 0.99$ at 0 and 2 h, $P = 0.7$ at 1 h, 2way ANOVA with Tukey's post-hoc analysis) and blood HCO_3^- (**D**, $n = 4$, $P < 0.001$ for time variable, $P = 0.1$ for treatment variable, shown above bars, 2way ANOVA). Effect of AZE i.c.v. (18 mM, $0.5 \mu\text{l min}^{-1}$; expected ventricular concentration $\leq 1 \text{ mM}$ after dilution, see Methods) as a function of time is shown in **E**, with end 2 h change in **F** ($n = 4$, $P_{\text{CTRL}-\text{CTRL(I)}} = 0.6$, $P_{\text{CTRL(I)}-\text{AZE(I)}} > 0.01$, $P_{\text{AZE}-\text{AZE(I)}} > 0.9$, 1way ANOVA with Tukey's post-hoc analysis). Dark grey and light grey results are obtained from Fig. 1. Arrow indicates the start of i.c.v. infusion. MAP – mean arterial pressure, pCO_2 – partial carbon dioxide pressure, ICP – intracranial pressure, CTRL – control, AZE – acetazolamide. (I) = rats receiving i.c.v. delivery of AZE. Data are shown as mean \pm SD. **, $P < 0.01$, ns; not significant.

was loaded with the Na^+ -sensitive fluorescent dye SBFI, and monitored by wide-field SBFI imaging. The SBFI signal stayed stable during the AZE exposure (Fig. 6G, H), suggesting that the $[\text{Na}^+]_i$ remained undisturbed during AZE's inhibitory action, which contrast the $[\text{Na}^+]_i$ elevation observed upon exposure to inhibitors of NKCC1 and the Na^+/K^+ -ATPase [58]. These data support the notion that NKCC1 and the Na^+/K^+ -ATPase activity occurred uninterrupted in the presence of AZE. Of note, an AZE-mediated reduction of the CSF secretion rate with no concomitant changes in $[\text{Na}^+]_i$ could occur by inhibition of the various HCO_3^- transporters located on both epithelial membranes of the choroid plexus.

AZE does not reduce choroidal expression of carbonic anhydrases or key transporters implicated in CSF secretion

To assess carbonic anhydrase expression in the rat choroid plexus, and to evaluate whether chronic AZE treatment caused changes in the functional properties of the choroid plexus related to CSF secretion, we performed RNAseq analysis on choroid plexus obtained from animals that received AZE (or control solution) once daily for 7 days. 13 different CA isoforms were expressed in the rat choroid plexus, with CA2 being expressed nearly one order of magnitude higher than the subsequent CA14 (Table 1). Comparison of the carbonic anhydrase isoform transcripts detected in rat

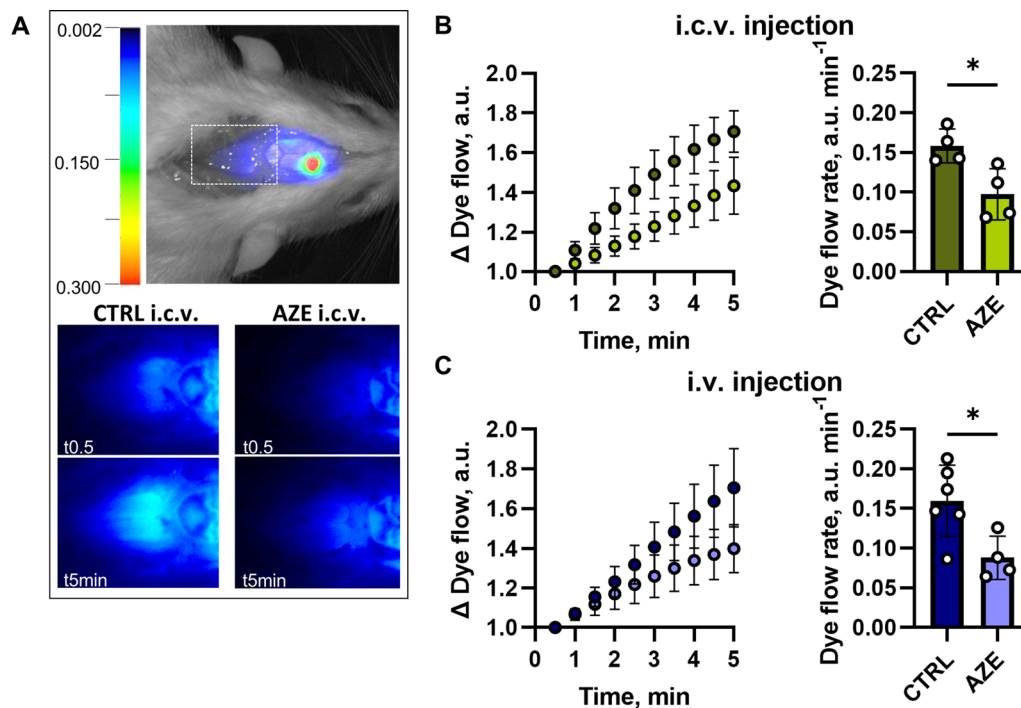


Fig. 5 Live imaging of fluorescent dye as a proxy of CSF secretion following treatment with AZE. The top panel in **A** illustrates pseudo-color fluorescence superimposed on a white light image from a rat after ventricular injection of IRDye 800 CW carboxylate dye. The white box below lambda (skull landmark) illustrates the area for dye intensity quantification. The bottom panel illustrates representative images of fluorescence signal 0.5 and 5 min after i.c.v. injection of control solution or 2 mM AZE solutions (expected ventricular concentration 200 μM , see Methods). Quantification of the dye flow expressed as arbitrary units (a.u.) normalized to the first image after i.c.v. injection is shown in panel **B** ($n=4$, $P<0.05$, unpaired t-test). Panel **C** shows the quantification of the dye flow normalized to the first image after i.v. injection of control solution or 100 mg kg^{-1} AZE ($n_{\text{CTRL}}=6$, $n_{\text{AZE}}=4$, $P<0.05$, unpaired t-test). CTRL – control, AZE – acetazolamide. Data are shown as mean \pm SD. *, $P<0.05$, ns; not significant.

choroid plexus with those obtained from mouse [64] and human [63] choroid plexus, revealed that seven were detected in all three species at moderate to high levels (CA2, CA14, CA12, CA11, CA13, CA5B, CA3 in order of abundance), which suggests their functional importance in the tissue. CA4 was detected in rat and human choroid plexus, whereas two isoforms (CA6, CA9) were found only in the rat choroid plexus. Three isoforms were below reliable detection level in the rat choroid plexus (CA1, CA7, CA8). Chronic AZE treatment did not cause a general down regulation of the choroidal CAs, although CA4 abundance was reduced to approximately half. In contrast, a compensatory *elevation* seemed to occur for transcripts encoding CA9 and CA12, as well as for two of the key choroidal transport mechanisms, the Na^+/K^+ -ATPase and NBCe2 (Table 2). Therefore, chronic exposure of AZE does not appear to provide a sustained reduction of the choroidal CSF secretion apparatus.

Chronic exposure to AZE does not provide prolonged effects on the brain water content or CSF secretion rate

It is evident that acute intake of AZE reduces the ICP, which, at least partially, arises from AZE-mediated reduction in CSF secretion rate. However, the limited efficacy in the clinical setting called for an evaluation of AZE's effect upon chronic intake. To determine whether prolonged exposure to AZE altered the CSF dynamics, experimental rats were treated with AZE (or control solution) once daily for 7 days. The brain water content obtained 24 h after last treatment remained undisturbed following such treatment (compare $3.67 \pm 0.06 \text{ mg}^{-1}$ dry brain weight in control animals to $3.69 \pm 0.03 \text{ mg}^{-1}$ dry brain weight in animals treated with AZE, $n=5$ of each, $P=0.5$, Fig. 7A). This notion of undisturbed fluid dynamics after chronic exposure to AZE was underscored by the similar CSF secretion rate obtained the day following completion of the treatment regimen with the ventricular-cisternal perfusion assay [59] in

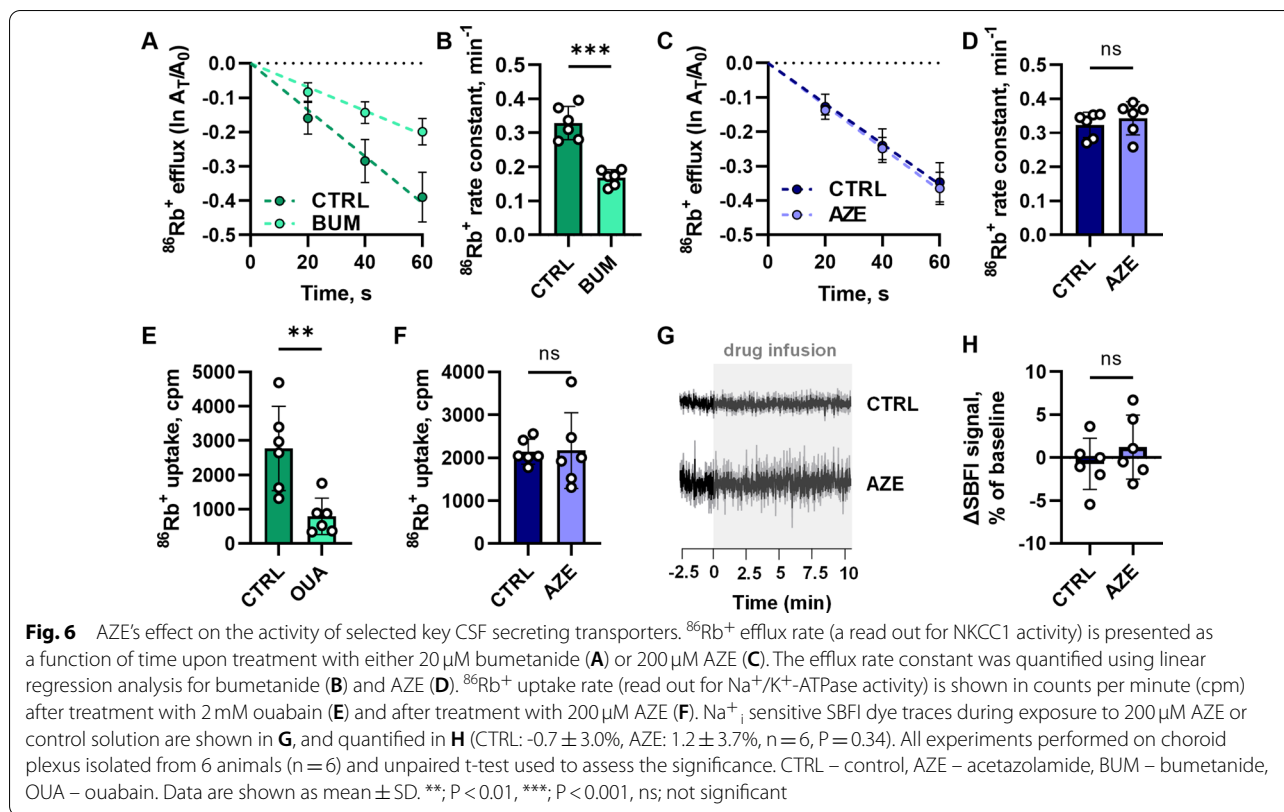


Table 1 Comparison of carbonic anhydrase expression levels in the control (administered p.o. saline once daily for 7 days) rat choroid plexus with the RNAseq data available from mice [63] and from humans [62]

		Rat, TPM	Mouse, TPM	Human, TPM
1	CA2	785	368	1064
2	CA14	92	243	50
3	CA4	15	–	6
4	CA12	13	828	107
5	CA11	10	42	28
6	CA6	8	–	–
7	CA13	7	3	0.9
8	CA9	3	–	–
9	CA5B	3	4	9
10	CA3	0.6	4	1
11	CA8	0.3	1	3
12	CA7	0.2	–	–
13	CA1	0.2	–	1
	CA10	–	132	–
	CA15	–	7	–

The isoforms are presented from the highest to the lowest expression in rats. TPM: transcript per million

treated animals ($5.4 \pm 0.7 \mu\text{l min}^{-1}$) versus control animals ($4.7 \pm 1.3 \mu\text{l min}^{-1}$, $n = 4$ of each, $P = 0.4$, Fig. 7B, C). Chronic delivery of AZE (once daily) therefore does not appear to lead to a sustained (24 h) reduction of brain fluid content or secretion thereof.

Chronically administered AZE has a short-lived effect on ICP

To monitor the physiological impact of AZE treatment as a function of time in awake and freely moving rats, we monitored the ICP and MAP simultaneously during AZE administration by employing Kaha telemetric dual pressure transmitters. Following implantation of the device, the ICP declined from $6.0 \pm 2.1 \text{ mmHg}$ on 1st day post-surgery to a stable level around $3.5 \pm 1.0 \text{ mmHg}$ 10 days post-surgery, $n = 8$ (Fig. 8A), a pattern that was mimicked by the heart rate (from $413 \pm 21 \text{ bpm}$ to $338 \pm 25 \text{ bpm}$, $n = 8$, Fig. 8B). The MAP was stable during this recovery time ($91 \pm 9 \text{ mmHg}$ post-surgery, and $94 \pm 5 \text{ mmHg}$ on day 10, $n = 8$, Fig. 8C), but day-night time oscillations were not visible until 7 days post-surgery, confirming that a recovery period of at least 7 days is required prior to collection of physiological data.

Table 2 Expression levels, the fold change (Log_2FC), and the % change of main transporters, channels and carbonic anhydrases in the rats choroid plexus after treatment with either control solution (CTRL) or 100 mg ml⁻¹ AZE p.o. for 7 days (AZE), in transcripts per million (TPM). Control values for carbonic anhydrases are those from Table 1

	Gene	Alias	Description	CTRL	AZE	Log ₂ FC	% change
Carbonic anhydrases	CA2	CAII	Carbonic anhydrase 2	785	715	-0.14	-9
	CA14	CAXIV	Carbonic anhydrase 14	92	102	0.15	11
	CA4	CAIV	Carbonic anhydrase 4	15	7.3	-1.03	-51
	CA12	CAXII	Carbonic anhydrase 12	13	30	1.26	140
	CA11	CAXI	Carbonic anhydrase 11	10	9.1	-0.10	-6
	CA6	CAVI	Carbonic anhydrase 6	8.4	6.7	-0.33	-21
	CA13	CAXIII	Carbonic anhydrase 13	7.2	10	0.48	40
	CA9	CAIX	Carbonic anhydrase 9	2.9	4.4	0.60	51
	CA5B	CAVB	Carbonic anhydrase 5B	2.8	2.3	-0.27	-17
	CA3	CAIII	Carbonic anhydrase 3	0.6	0.7	0.17	12
Channels	KCNJ13	Kir7.1	Inwardly rectifying K ⁺ channel 7.1	192	237	0.31	24
	AQP1	AQP1	Aquaporin 1	161	197	0.30	23
	TRPV4	TRPV4	Transient receptor potential vanilloid channel 4	34	38	0.18	13
Transporters	CLCN6	CIC-6	Voltage-gated Cl ⁻ channel 6	3.9	4.4	0.18	13
	FXVD1	FXVD1	Na ⁺ /K ⁺ -ATPase γ 1	1449	1861	0.36	28
	ATP1B1	NKA.b1	Na ⁺ /K ⁺ -ATPase β 1	365	370	0.02	1
	ATP1B2	NKA.b2	Na ⁺ /K ⁺ -ATPase β 2	158	132	-0.26	-16
	SLC12A2	NKCC1	Na ⁺ , K ⁺ , 2Cl ⁻ cotransporter	96	93	-0.04	-3
	ATP1A1	NKA.a1	Na ⁺ /K ⁺ -ATPase α 1	82	117	0.52	44
	SLC4A2	AE2	Cl ⁻ , HCO ₃ ⁻ exchanger	77	106	0.46	38
	SLC4A10	NCBE	Na ⁺ , HCO ₃ ⁻ cotransporter	54	56	0.04	3
	SLC12A4	KCC1	K ⁺ , Cl ⁻ cotransporter	40	49	0.28	21
	SLC12A7	KCC4	K ⁺ , Cl ⁻ cotransporter 4	40	35	-0.19	-12
	SLC4A5	NBCE2	Na ⁺ , HCO ₃ ⁻ cotransporter	38	68	0.85	80
	SLC9A6	NHE6	Na ⁺ , H ⁺ exchanger 6	6.8	7.3	0.12	9
	SLC9A1	NHE1	Na ⁺ , H ⁺ exchanger 1	3.7	3.0	-0.31	-20
	SLC12A6	KCC3	K ⁺ , Cl ⁻ cotransporter 3	3.1	2.3	-0.45	-27

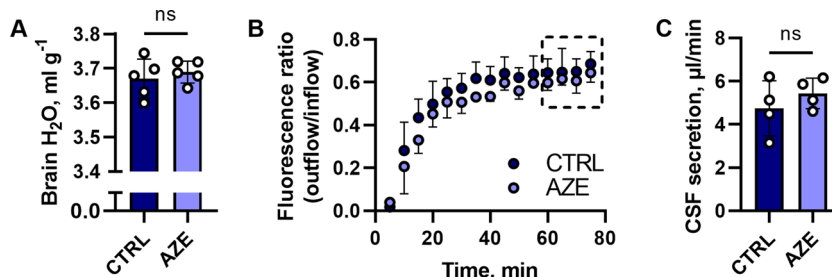


Fig. 7 Effect of AZE on brain water content and CSF secretion rate. **A** The brain water content expressed as ml g⁻¹ dry weight (n = 5 in each group, P = 0.5, unpaired t-test) after 1 × daily administration of 100 mg kg⁻¹ p.o. AZE (or control solution) for seven days, measured 24 h after the last dose. Figure **B** shows the average dextran dye dilution for control and AZE groups as a function of time. The dashed box indicates the period from which the CSF secretion rate was calculated, and the average value for this 20 min period is presented in **C** (n = 4 in each group, P = 0.4, unpaired t-test). CTRL – control, AZE – acetazolamide. Data are shown as mean ± SD. ns, not significant.

At the termination of the recovery period, the 72 h average ICP for the experimental rats was 3.8 ± 0.9 mmHg, $n=8$, and not significantly different between the two experimental groups, $P=0.8$ (Fig. 8D). The treatment period was initiated by p.o. administration of AZE (or control solution) and repeated every 24 h for 6 days, during which time the ICP and MAP were monitored continually. The ICP pattern observed in the control rats resembled that of the rats prior to initiation of the treatment regimen (Additional file 1: Fig. S1 A). The ICP fluctuated with the diurnal cycle, but deflected more in rats exposed to AZE compared to the control rats (Fig. 8E) with a significantly higher AZE-induced ICP reduction (-1.6 ± 0.1 mmHg, $n=4$) than that observed in the control group (-0.5 ± 0.2 mmHg, $n=4$, $P<0.001$), Fig. 8F. The AZE-mediated ICP-reduction lasted for approximately 10 h post-treatment (Fig. 8G), after which the ICP of the AZE-treated rats matched that of the control rats (compare $111 \pm 6\%$ of baseline, $n=4$ for AZE rats at 10–12 h post-treatment with $116 \pm 6\%$ of baseline, $n=4$, $P=0.2$). An identical pattern was observed with the subsequent AZE administration the following days (Fig. 8G).

To determine whether the AZE-mediated ICP deflection originated from a reduced rate of CSF secretion, as observed in the acutely treated animal experimental protocols, we measured the CSF secretion rate with the fluorescent imaging technique employed in Fig. 5A. This swift protocol allowed us to resolve the CSF secretion rate at exactly 2–3 h after the last of the six AZE (or control solution) doses was administered. The rate of CSF secretion was reduced 50% compared to that obtained in the control rats (compare 0.18 ± 0.04 a.u. min^{-1} , $n=6$ with 0.09 ± 0.04 a.u. min^{-1} , $n=5$, $P<0.01$, Fig. 8H, I). These data support the notion that AZE-mediated

reduction in the CSF secretion rate underlies its modulatory effect on ICP.

The AZE-mediated reduction in ICP was not mirrored in change of MAP or heart rate. The MAP of the experimental rats was 94 ± 5 mmHg ($n=8$, Additional file 1: Fig. S1B) prior to initiation of the treatment period, and was indistinguishable between the AZE and the control group throughout the experimental period (Additional file 1: Fig. S1C). Same was observed for the heart rate, with the baseline heart rate of 343 ± 26 bpm ($n=8$, Additional file 1: Fig. 1D), and no AZE-mediated effect on this parameter (Additional file 1: Fig. S1E). These data suggest that AZE effectively reduces the ICP in awake and freely moving rats in a manner independent of cardiovascular effects.

To resolve whether a frequent dosing regimen can provide the sustained decrease in ICP required for clinical efficacy of such pharmacological treatment, the rats were dosed $3 \times$ daily at intervals of 7–7–10 h. The maximal AZE-mediated ICP reduction was similar to that obtained with a single daily dose (compare -1.7 ± 0.4 mmHg for $3 \times$ day treatment (Fig. 8J) with -1.6 ± 0.1 mmHg for $1 \times$ treated animals (Fig. 8F), $n=4$ in each group, $P=0.8$). The $3 \times$ daily dosing, however, provided a sustained decrease in ICP (Fig. 8K), which at no point reached the baseline levels (compare 4.8 ± 1.1 mmHg baseline ICP with 3.9 ± 1.2 mmHg ICP just prior to any of the next AZE treatments, $n=12$ (4 biological replicates at 3 different time points) in each of the three groups, $P<0.01$, Fig. 8I). In contrast, the control group ICP remained at baseline throughout the experiment (compare 5.8 ± 1.3 mmHg baseline ICP with 5.8 ± 1.0 mmHg before each treatment with control solution, $n=12$ in each group, $P=0.7$).

(See figure on next page.)

Fig. 8 Telemetric measurements of ICP in freely moving awake rats before and during treatment with AZE. Top panels represent the recovery period after implantation of telemetric device and show daily fluctuations in ICP (A), MAP (B) and heart rate (C). D The average ICP over 3 days (72 h) before initiation of treatment ($\text{ICP}_{\text{CTRL}} = 3.9 \pm 0.7$ mmHg, $\text{ICP}_{\text{AZE}} = 3.7 \pm 1.1$ mmHg, $n=4$ in each, $P=0.8$, unpaired t-test). The % change in ICP, normalized to the average 24 h ICP (baseline) before treatment initiation, is shown in E for $1 \times$ daily p.o. delivery of 100 mg kg^{-1} AZE or control solution. The difference between the lowest 1 h average ICP value (within the first 7 h after AZE or control solution injection) and the baseline ICP is shown in F ($n=4$ in each group, $P<0.001$, unpaired t-test). The ICP fluctuations over the 24 h period after drug administration are represented in G ($n=4$ in each group, 2way ANOVA with Bonferroni's post-hoc analysis), where an average ICP for each 2 h period was calculated for controls and AZE treated rats across the six treatment days. 2–3 h after p.o. drug administration an IRDye 800 CW carboxylate dye was injected intraventricularly, and the dye flow (H) and rate (I, $n_{\text{CTRL}} = 6$, $n_{\text{AZE}} = 5$, $P<0.01$, unpaired t-test) was used as a proxy to assess the CSF secretion rate. The maximum effect of the $3 \times$ day treatment with 100 mg kg^{-1} AZE or control solution for 5 days is shown in panel J ($n=4$ in each group, $P<0.05$, unpaired t-test). The ΔICP was calculated as difference between the baseline ICP and minimum 1 h average ICP during the 7 h after each (of 14) AZE or control solution p.o. delivery. In K, ICP fluctuations during the $3 \times$ day treatment, normalized to baseline ICP are shown. The average ICP at 6, 13 and 20 o'clock (the hour before p.o. treatment administration) was calculated for the baseline period, and compared to average ICP at the same time points during $3 \times$ day treatment with 100 mg kg^{-1} AZE (L, $n=12$, $P<0.01$, paired t-test) or control solution (M, $n=12$, $P=0.7$, paired t-test). ICP – intracranial pressure, MAP – mean arterial pressure, HR – heart rate, CTRL – control, AZE – acetazolamide, BSL – baseline, a.u. – arbitrary units. Data are shown as mean \pm SD. *, $P<0.05$, **, $P<0.01$, ***, $P<0.001$, ns; not significant.

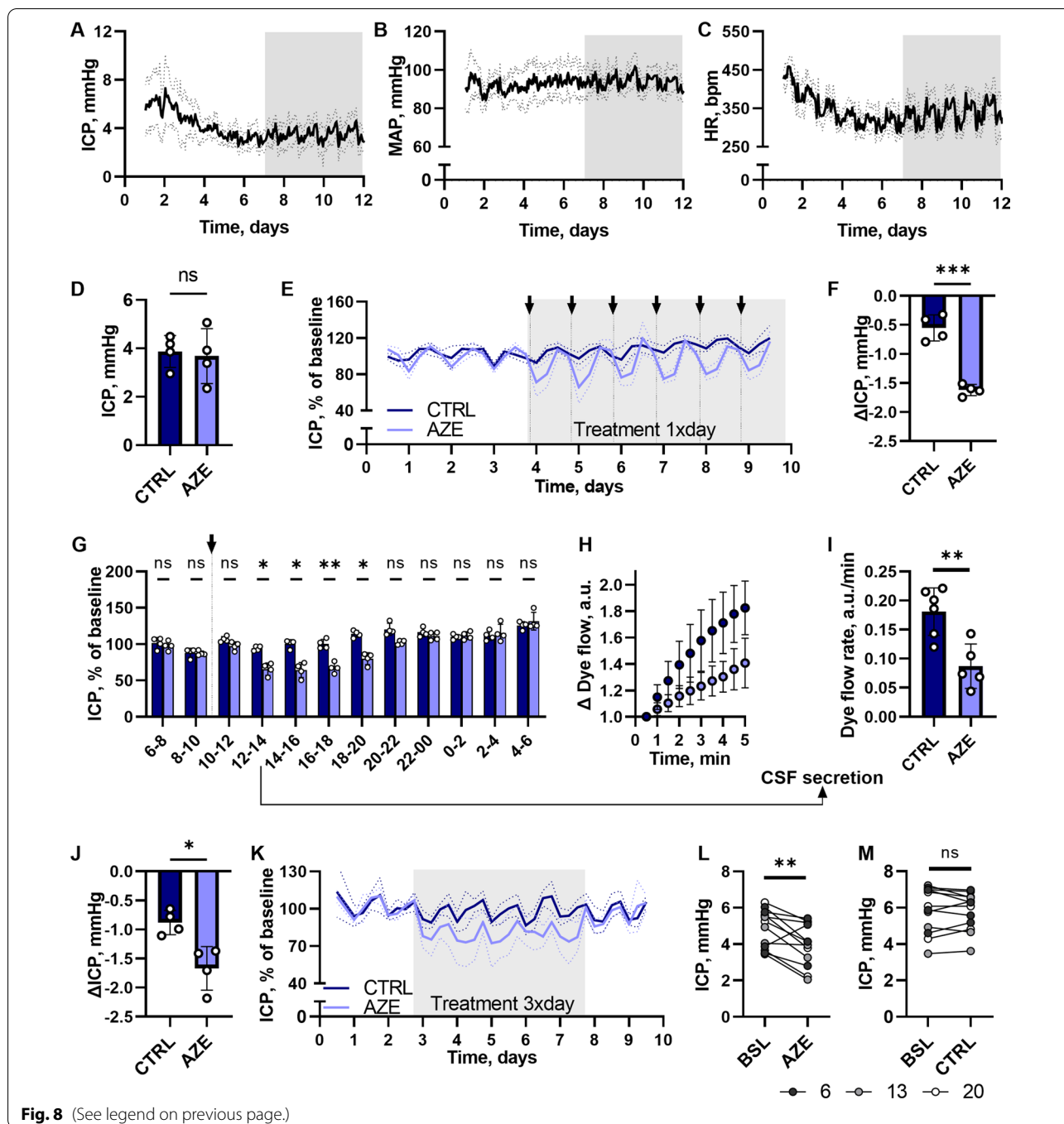


Fig. 8 (See legend on previous page.)

Regular administration with AZE during the day thus ensures a sustained ICP reduction of the experimental rats.

Discussion

Here, we provide evidence for AZE’s ability to reduce ICP in an in vivo rodent model, and showcase that this outcome arises from AZE’s *direct* action on the CSF

secretory machinery, and not via modulation of other physiological processes that may *indirectly* affect CSF secretion. We demonstrate that AZE’s ability to lower ICP and reduce the rate of CSF secretion is short lasting, and thus confirm the necessity of frequent dosing in the clinical setting.

AZE has been demonstrated to reduce the CSF secretion rate in various species [16–31], irrespective of its route of

delivery (i.v. or i.c.v.), as AZE can cross the cell membrane and reach the choroidal carbonic anhydrases. The present study confirmed that AZE reduces the CSF secretion rate to a similar extent (40%) whether administered i.v., i.c.v., or p.o. The AZE-mediated reduction in CSF secretion did not occur via an effect on the transport activity of the Na^+/K^+ -ATPase or the NKCC1, which are both involved in the CSF secretion [21, 22, 59], although we cannot rule out that the undisturbed $^{86}\text{Rb}^+$ efflux could mask a putative reduction of NKCC1 activity exactly matched by an AZE-mediated increase in K^+ channel activity. We believe that AZE most likely acts indirectly on various HCO_3^- transporters localized in the choroid plexus and implicated in CSF secretion [35]. AZE has previously been suggested to promote increased expression of Na^+/K^+ -ATPase and AQP1 in rats [14], which, however, should cause elevated CSF secretion, if anything. Yet, such result may have arisen due to the excessively high AZE concentrations employed in the study. Although AZE was proposed to inhibit AQP1 [69, 70], detailed studies have demonstrated no direct effect of AZE on AQP1-mediated water transport with the AZE concentrations usually employed [71]. However, it remained unresolved whether such modulation of the CSF secretion rate is directly represented in a change in ICP and/or ventricular volume. The latter two parameters do not necessarily go hand in hand, as exemplified in idiopathic intracranial hypertension, in which the ICP is elevated without enlarged ventricles [12], and, in contrast, normal pressure hydrocephalus, in which the ventricles are enlarged, but an ICP elevation is absent or minor [72]. The etiology of these diseases is not fully understood, but AZE treatment may still be employed to treat the symptoms in these patient groups [12, 73], despite this approach being questioned by several clinical trials [8, 9].

We demonstrate here that delivery of AZE to healthy experimental rats led to a 40% reduction of their ICP, irrespective of the route of administration (i.v., i.c.v., or p.o. by gavage), and of whether the animals were under anesthesia or freely moving. This finding is in line with earlier studies that validated AZE's efficacy in lowering the ICP [13, 14], but contrasts a study on sedated rats in which no difference in ICP was observed upon AZE delivery either s.c. or p.o. (in Nutella), when controlling for solution osmolarity [15]. The route of AZE administration and/or the lack of mechanical ventilation during the experimental procedure may have caused the difference in observations. A 40% reduction of ICP in healthy rats amounts to $\Delta\text{ICP} < 2\text{ mmHg}$ and it is, at present, unresolved to what extent AZE treatment would secure a robust reduction of an experimentally-inflicted elevation of ICP in animal models of raised ICP. Of note, in an animal model of hemorrhagic stroke, AZE was shown to prevent ICP spikes, without reducing the average ICP [74], whereas in a rat

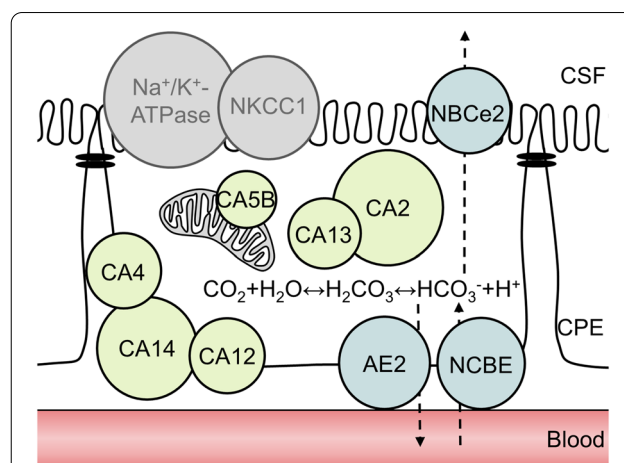


Fig. 9 Schematic representation of carbonic anhydrases and transporters in a choroid plexus epithelial (CPE) cell. CA12 is expressed on the basolateral side of the choroid plexus [42], CA4 and CA14 are generally membrane bound [4], yet their exact localization (luminal or basolateral) in the choroid plexus cell remains unresolved. CA2 and CA13 are both cytosolic [4, 45], whereas CA5B is found in mitochondria [79]. Not shown are CA6 and CA9, which are absent from mouse and human choroid plexus (Table 1), CA3, which is AZE insensitive [44], and CA11, which may be acatalytic [4]. CA isoforms 1, 7, 8, 10 and 15 were below detection level in rat choroid plexus (Table 1). The key transporters involved in CSF secretion NKCC1 and Na^+/K^+ -ATPase are not affected by AZE treatment. The main candidates for mediating AZE-induced reduction in CSF secretion are the bicarbonate transporters: AE2 and NBCe2/NBCn2 expressed at the basolateral membrane and NBCe2 expressed at the luminal membrane. The sphere area indicates transcriptional expression levels

model of intracerebral haemorrhage, AZE reduced the brain water content and improved the functional outcome [75].

In the current study we demonstrated that a significant decrease in ICP is observed $\geq 2\text{ h}$ after p.o. AZE administration in awake rats – a comparable effect to that observed in patients [76]. CSF secretion measurements at this exact time point revealed an underlying robust reduction in CSF secretion, which aligned well with that observed upon acute delivery of AZE (i.v. or i.c.v.) in anesthetized rats. Telemetric ICP measurements provided important insight into AZE's mode of action, which could be employed for designing clinical treatment regimens. Reliable and stable ICP measurements in awake rats were observed seven days post-surgery. A daily single dose of AZE, equivalent to a clinically employed 1 g single dose in humans [12, 15], was effective in lowering the ICP. Yet, the ICP returned to baseline within 10–12 h after the treatment. This lack of a prolonged effect of repeated single daily AZE doses was reflected in identical brain water content in the two experimental groups and an undisturbed rate of CSF secretion obtained the day after the final dosing, and supported by lack of downregulation

of choroidal transcripts encoding carbonic anhydrase or those encoding transport proteins involved in CSF secretion. Delivery of AZE at regular intervals 3× daily, rather than once daily, led to a significant decrease of the ICP throughout the 24 h cycle, although upon discontinued treatment, the ICP returned to baseline levels. This finding suggests that frequent dosing and strict patient compliance are crucial for effective symptomatic relief of elevated ICP via treatment with AZE.

The AZE-mediated reduction in ICP appears to be a direct result of reduced CSF secretion. Such reduction of CSF secretion can occur directly by inhibition of the carbonic anhydrases in the choroid plexus. We detected expression of the CA isoforms 2, 14, 4, 12, 11, 6, 13, 9, 5B, 3 (in order of expression level) in the rat choroid plexus (Fig. 9). The majority of these are detected at the transcript level in mouse and human choroid plexus as well, although with some species differences (e.g. CA6, CA9) to be taken into account if targeting specific CA for future treatment of pathologies involving elevated ICP. Some of these choroidal CA isoforms (CA2, CA3, CA9, CA12, CA14) have been verified at the protein level [42–46], but their individual quantitative contribution to CSF secretion remains unresolved. Although we did not detect changes in the expression levels of some of these CAs after AZE treatment, there could still be differences at the protein level, or insertion/elimination from the membrane. AZE-mediated reduction of ICP could, however, occur indirectly by affecting carbonic anhydrases in other tissues and cell types in the body. In this manner, AZE has been proposed to affect blood pressure [48, 49], which could reduce blood flow to the choroid plexus [23, 77], and lead to a decrease in the CSF secretion rate [50]. Despite the robust AZE-induced ICP reduction, we did not detect an AZE-mediated decline in the MAP whether delivered i.v. or i.c.v. to anaesthetized rats or p.o. to freely moving rats with telemetric monitoring of their MAP. AZE administration reduced blood $[\text{HCO}_3^-]$, which, in itself, could affect the transport rate of the choroidal HCO_3^- transporters supporting the CSF secretion [40], and thus indirectly lower the CSF secretion. This AZE-mediated $[\text{HCO}_3^-]_{\text{blood}}$ modulation was, however, abolished with i.c.v. delivery of AZE or upon functional nephrectomy of the experimental rats prior to i.v. delivery of AZE, while the ICP reduction endured in both of these experimental paradigms. The ability of AZE to reduce ICP via a decrease of the rate of CSF secretion thus occurred independently of its potential effect on blood pressure and kidney function.

Administration of AZE by the i.v. route caused an initial peak in ICP prior to the subsequent gradual decline. This peak was mirrored by a decrease in the exhaled CO_2 and thus an elevated blood pCO_2 . Such abrupt increase

in pCO_2 may cause intracranial vasodilation [78], which could have caused the observed peak in ICP, similar to that observed upon a switch from 100% O_2 inhalation to 30% CO_2 in experimental cats [27]. In support of its vascular origin, the elevated pCO_2 and the resulting ICP peak was absent in the experimental rats that had AZE administered through the i.c.v. route. The AZE-mediated elevation in blood pCO_2 upon systemic application remained throughout the duration of the experiment. Organisms usually hyperventilate to correct for pCO_2 elevation. Mechanical hyperventilation of the experimental rats reduced the blood pCO_2 in both control rats and those exposed to AZE compared to rats with ‘normal’ ventilation parameters. Nevertheless, the AZE-induced ICP reduction remained intact – it was even slightly more pronounced. The latter finding suggests that AZE treatment in combination with the hyperventilation, sometimes employed clinically to treat elevated ICP [54], may serve as complementary tools to manage ICP. However, this additive effect is possibly caused by secondary mechanisms, like pCO_2 -mediated reduction in cerebral blood flow [23], as it was shown that CSF secretion did not differ between animals with ‘normal’ ventilation and with hyperventilation [29]. Taken together, AZE-mediated ICP reduction does not arise from the increase in pCO_2 .

In conclusion, AZE reduces the ICP in healthy rats via its ability to decrease the CSF secretion rate. AZE exerts its effect on the CSF secretion machinery in a direct manner, most likely by targeting the choroidal carbonic anhydrases. These enzymes modulate the substrate availability for the HCO_3^- transporters that are highly expressed in the choroid plexus and known to act as key contributors to CSF secretion across this tissue [35, 40, 41]. A non-selective CA inhibitor like AZE affects carbonic anhydrases in all other tissues and cell types in the body, which causes the many unpleasant side effects observed with usage of this inhibitor [10]. However, these actions do not, as such, appear to affect the CSF secretion rate or the ICP. These findings provide promise of future selective targeting of choroidal carbonic anhydrases in the search for a pharmacological approach to reduce ICP elevation in patients experiencing any of the many pathologies demonstrating this feature.

Supplementary Information

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Additional file 1. Blood gas analysis and telemetric ICP measurements.

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Author contributions

Conception and design of research: DB, NM, CRR, Experimentation and data analysis: DB, EKO, JHW, TLTB, EC, SNA, NJG, Drafting of manuscript: DB, NM. All authors read and approved the final manuscript.

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Data availability

The datasets used in the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

Animal experiments were approved by the Danish Animal Experiments Inspectorate (License no. 2016-15-0201-00944 and 2018-15-0201-01595) or the Animal Welfare Office at the Animal Care and Use Facility of the Heinrich Heine University Düsseldorf (institutional act no. O52/05).

Consent for publication

Not applicable.

Competing interests

The authors declare that they have not competing interests.

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